

Start here

Fill this page in once, before you plan a single session. It takes about twenty minutes and saves weeks.

1 Write down every mock

Subject, exam board, tier and date. Ask each teacher, or check the school calendar.

2 Find out what each paper covers

Some mocks are a full paper, some only cover what's been taught so far. Ask before revising the whole course.

3 Fill in a topic tracker for each subject

One sheet per subject (page 2). Mark every topic red, amber or green. Be strict about green.

4 Plan one week at a time

On the weekly planner (page 3), red topics first, and each red topic twice in the week, a few days apart.

5 Ten minutes every Sunday

Update the tracker, then write next week's sheet from it.
Page 4 shows a finished week.

A week that lasts

Mon–Fri One or two sessions on most nights, 30 to 50 minutes each

One evening Nothing planned. It's part of the plan, not a failure of it 😊

Saturday One timed paper section, then mark it with the mark scheme

Sunday Come back to the week's red topics. Plan next week

Spare slot Leave one empty for whatever slipped

Mock dates

[illegible]Revision each week hours

A realistic start in the autumn of Year 11 is 4 to 6 hours a week, on top of homework.

Topic tracker

Subject _____ Board / tier _____

R can't do it yet A can do it with notes G could answer an exam question on it now, without notes Revisited · write the date each time it comes up again

TOPIC	PAPER	START	REVISITED	AGAIN	AGAIN	WEEK 4	WHERE THE MARKS WENT · WHAT TO FIX
		R A G	--/--	--/--	--/--	R A G	
		R A G	--/--	--/--	--/--	R A G	
		R A G	--/--	--/--	--/--	R A G	
		R A G	--/--	--/--	--/--	R A G	
		R A G	--/--	--/--	--/--	R A G	
		R A G	--/--	--/--	--/--	R A G	
		R A G	--/--	--/--	--/--	R A G	
		R A G	--/--	--/--	--/--	R A G	
		R A G	--/--	--/--	--/--	R A G	
		R A G	--/--	--/--	--/--	R A G	
		R A G	--/--	--/--	--/--	R A G	
		R A G	--/--	--/--	--/--	R A G	
		R A G	--/--	--/--	--/--	R A G	
		R A G	--/--	--/--	--/--	R A G	
		R A G	--/--	--/--	--/--	R A G	
		R A G	--/--	--/--	--/--	R A G	
		R A G	--/--	--/--	--/--	R A G	
		R A G	--/--	--/--	--/--	R A G	
		R A G	--/--	--/--	--/--	R A G	
		R A G	--/--	--/--	--/--	R A G	

This week

Each slot needs a subject, a topic and a method: "Maths · simultaneous equations · 6 exam questions".

Week of _____ Weeks to mocks _____

DAY	SESSION 1	SESSION 2	SESSION 3 · WEEKENDS	COME BACK TO	DONE
Mon					☐
Tue					☐
Wed					☐
Thu					☐
Fri					☐
Sat					☐
Sun					☐

RED TOPICS THIS WEEK

REST EVENING · SPARE SLOT

HOURS

Planned _____ Done _____

This week

An example Year 11 week, five weeks before mocks: about 3¾ hours of revision and a one-hour lesson.

Week of 12 Oct

Weeks to mocks 5

DAY	SESSION 1	SESSION 2	SESSION 3 · WEEKENDS	COME BACK TO	DONE
Mon	Maths · simultaneous eq.	Bio · cell transport		Q4 wrong method → ask	✓
	6 exam Qs, then mark · 40 min	write it all from memory · 20 min		Thurs	
Tue	Football, then homework. Nothing planned. 🌐				✓
Wed	Eng Lit · Macbeth quotes	Chem · moles		moles still red → Sun	✓
	flashcards, test myself · 30 min	past paper Qs · 30 min			
Thu	Maths lesson (tutor) · 1 hr			5 quadratics Qs set → Sat	✓
	sim. equations from Mon + quadratics				
Fri	Rest evening 😴				✓
Sat	Physics P1 section	Mark it with the mark scheme	~~spare~~ quadratics Qs from Thurs	lost 6 marks: units + no working 🤖	✓
	timed, no notes · 45 min	20 min			
Sun	~~Maths vectors~~	Update tracker, plan next week		cell transport A → G 🔥	✓
	Chem moles + Bio cell transport · recall · 30 min	10 min			

RED TOPICS THIS WEEK

sim. equations · moles · Macbeth quotes · quadratics

REST EVENING · SPARE SLOT

Fri off. Spare slot (Sat) used for quadratics.

HOURS

Planned 4h 45 Done 4h 45